Massage Therapy Health History Intake Form

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Occupation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Relationship: \_\_\_\_\_\_\_\_\_\_\_ Phone #: \_\_\_\_\_\_\_\_\_\_\_

How did you hear about us? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Have you had Massage Therapy in the Past? Y/N

Are you being treated by any other health practitioners? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are you currently pregnant? Y/N

Reason for today’s visit:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Please Indicate conditions you are experiencing or have experienced:

Cardiovascular

High Blood Pressure

Low Blood Pressure

Heart Disease

Varicose Veins

Bruise Easily

Other \_\_\_\_\_\_\_\_\_

Digestive/Urinary

Crohns/Colitis

Ulcers

Liver

Kidney

Other \_\_\_\_\_\_\_\_\_

Respiratory

Chronic Cough

Shortness of Breath

Bronchitis

Asthma

Emphysema

Other \_\_\_\_\_\_\_\_\_

Muscle/Joint

Muscle Strain

Ligament Sprain

Tendonitis

Bursitis

Arthritis

Osteoporosis

Herniated Disc

Scoliosis

Dislocation

Fracture

Other \_\_\_\_\_\_\_\_\_

Head & Neck

Headaches/Migraines

Whiplash

Jaw Pain

Ear Pain/Hearing Loss

Vision Loss

Other \_\_\_\_\_\_\_\_\_

Skin

Eczema

Psoriasis

Other \_\_\_\_\_\_\_\_\_

Women

 Endometriosis

 Menopausal Concerns

 Hysterectomy

 Other \_\_\_\_\_\_\_\_\_\_

Other Conditions

 Diabetes

 Allergies

 Cancer

 Fibromyalgia

 Multiple Sclerosis

 Epilepsy

 MVA

 Date: \_\_\_\_\_\_\_\_

Please list any Surgeries you’ve had:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please list any medication you are currently taking:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*\*An accurate health history is important to ensure that it is safe to receive a massage therapy treatment. All information given before, during, and after treatments will be held in strict confidence. You will be asked to provide written authorization for release of any information. You will be required to update your health history on a yearly basis.*